

## RYA Safety Boat Training Joining Instructions

Please find below all the details you will require to attend your Safety Boat training.

If you have booked on behalf of someone else, please forward them this document as it contains important information for the training course.

**Out of Hours Contact:** Duncan West - 07747111447

**Course Start Time: 09:00**

**Course End Time (Approx.): 16:30**

Your training will start at the Royal Torbay Yacht Club Clubhouse. Please ensure you arrive at least 15 minutes before your course start time, if you are late, you may not be able to join the course.

Please ensure you bring the following items with you, if you don't have all the items on the list please let us know so that we can see how we may help.

- Appropriate buoyancy aid or life jacket
- Suitable clothing as we will look for some of the course participants to enter the water.
- Packed lunch and drink, or money for both.
- Pen or pencil and notepad.

You may also require the following:

- Sea sickness tablets if you are prone to motion sickness
- High factor sun cream and a hat

If you have not visited us before, you can find lots of details about how to get to us on our website.

*Please note that during busy tourist times Beacon Quay car park can get very busy during the day, so early arrival is recommended.*

Self-service complimentary refreshments will be available while landside. We also have a chilled water fountain, to minimise waste, we recommend you bring a reusable water bottle to fill. For shore-based courses at weekends, light lunches will be available from our Club kitchen for pre-order, for water-based courses you should bring a packed lunch.

If you have any questions, please do not hesitate to contact us. The Club Office is open weekdays from 9 am to 12 pm and will be able to answer most questions. If you need to contact a member of our training team urgently outside of office hours, please use the contact details above.