

Dinghy Instructors Course Joining Instructions

Please find below all the details you will require to attend your Dinghy Instructors Course.

If you have booked on behalf of someone else, please ensure they read a copy of this document as it contains important information about the training course.

Out of Hours Contact: Stuart Abbot (Training Principal) 07807395913

Preassessment day: 12th October 09:00 – 14:00

The preassessment must be passed successfully before the start of the course. If there are any problems, this gives time for some practice.

Course dates: Monday 28th October – Friday 1st November

Course Start Time: 09:00

Course End Time (Approx): 17:00

Please note that you must attend **ALL** dates in order to pass the course.

Your training will start at the Royal Torbay Yacht Club [Clubhouse](#). Please ensure you arrive at least 15 minutes before your course start time, if you are late, you may not be able to join the course.

Course prerequisites:

- Minimum age 16 (non-negotiable) at the start of the DI course.
- RYA full membership (youth if appropriate)
- Valid first aid certificate – RYA one is best
- RYA Powerboat Level 2 certificate (minimum)
- RYA Safe & Fun Safeguarding certificate (one option can be found here: <https://www.seasports-sw.com/safe-and-fun-safeguarding>)

Books needed:

- G14 Dinghy Coaching handbook (mandatory)
- G4 Nationals Sailing Scheme Syllabus and Logbook (mandatory – this will be provided as part of your course and will be posted your home address, or you can collect from the Club)
- G11 Young Sailors logbook (mandatory)
- G3 Start Sailing (knowledge of at least)
- G12 Advanced handbook (knowledge of at least)

These can be bought from the RYA website and local shops.

Please ensure you bring the following items with you, if you don't have all the items on the list please let us know so that we can see how we may help.

- Recent passport photo (not your passport itself) – this is for your certificate

- Appropriate buoyancy aid or life jacket
- Suitable clothing (you may get cold and possibly wet)
- Packed lunch and drink, or money for both.
- Pen or pencil and notepad.

You may also require the following:

- Sea sickness tablets if you are prone to motion sickness
- High factor sun cream and a hat

If you have not visited us before, you can find lots of details about how to get to us on our [website](#).

Please note that during busy tourist times Beacon Quay car park can get very busy during the day, so early arrival is recommended.

Self-service complimentary refreshments will be available while landside. We also have a chilled water fountain, to minimise waste, we recommend you bring a reusable water bottle to fill. For shore-based courses at weekends, light lunches will be available from our Club kitchen for pre-order, for water-based courses you should bring a packed lunch.

If you have any questions, please do not hesitate to [contact us](#). The Club Office is open weekdays from 9 am to 12 pm and will be able to answer most questions. If you need to contact a member of our training team urgently outside of office hours, please use the contact details above.